resident coach

Coaching Leaders

Take your leadership to another level

Your Leadership, your choice. We offer a variety of packages to suit your needs from a short sharp focus for a specific purpose or event through to longer term development work to suit your career trajectory.



The Power Hour

Building awareness – a quick dive

Invest an hour or two to boost your performance.

In this approach individuals complete a psychometric to quickly uncover new insights relevant to the theme.

1. Spotlight an opportunity, analyse your profile and explore your options.
2. Enjoy straight talking, confidential coaching with a deeply experienced coach.
3. Build self-awareness to increase your impact.

Example topics include:

- My influence and Impact
- Building Resilience
- Managing Transitions
- Navigating Conflict
- My leadership Style.

A 90-minute coaching and feedback session follows to increase self-awareness, highlight strengths and identify blind spots. Practical development suggestions and implementation plans are created in order to improve effectiveness, confidence and performance.

The Power Hour provides you with a leadership coach when and where you need it the most. An impactful and efficient experience to last beyond the time you invest.

PRICE: £750 plus VAT (plus the cost of the chosen assessment outlined above)

Leadership Impact

Develop Your depth, edge and impact

Our classic, most frequently used package includes eight 90-minute coaching sessions.

- Our focus is the growth of the leader and their impact on the business.
- The work is guided by the leader's current and future development goals.
- Our style is practical, provokes thinking and provides fresh insight.

A psychometric suited to the nature of the coaching is recommended to add depth for a sprint start, e.g., our favourites include the Hogan Suite and EQI 2.0

We believe this process of self-knowledge results in a motivated and well-balanced individual who is more empowered and able to effectively deliver business goals.

PRICE: £6500 plus vat (plus the cost of the chosen assessment if used) or buy a bundle of hours to scale the support and development required.

Legacy Leadership

Be an intentional agent of Change

This coaching is for you if you're committed to taking a good look at what you do, who you are as a leader in relationship with others and how you shape the future.

- At resident coach we are passionate about leadership making a positive contribution to the world, not just in the present but for future generations too.
- Leaders who have a clear vision for the future build followership who, in turn, are able to understand the dynamics of their business and the environment it operates in.
- We believe that taking a systemic approach to leadership is central to cohesive team working, and authentic leadership.

Together we'll

☑ Bring a sharp focus to your starting point. Tools we use include 360 feedback, relevant psychometrics and three dimensional mapping.

☑ Work together to identify how to use your different emotional skills more effectively in relationships at work.

☑ Spot patterns and dynamics that both enable and block change for you and for others.

☑ Help you look within yourself to find the leadership needed for a fast changing world.

This is personal and bespoke work and we'll tailor a package to suit you.

resident coach

To find out more or to apply for the programme please drop us a line **hello@residentcoach.co.uk**